



CLEVELAND COUNTY WELLNESS COMMITTEE

MINUTES

FRIDAY, SEPTEMBER 30, 2016

9:00 a.m.

Chairman Harold Haralson called to order this 30th day of September 2016 the regularly scheduled meeting of the Cleveland County Wellness Committee in the conference room at 122 E. Eufaula. Roll call taken and recorded by Tammy Belinson, County Clerk/Secretary, as follows:

Those present were: Harold Haralson, Tammy Belinson, Jacob McHughes, Teri Cox, Brian Wint, Brenda Hill, George Mauldin, Christina Newberg and John Roberts.

Those absent were: Doug Warr, Leann Clements, Carrie Welles, Bryant Rains and Bryan Jenkins.

Ex-officio members present: Linda Atkins, Sarita Scott, Jennifer Slawson and Meredith Rowland, NP, Angela Mead, Jennifer Frank and Lexi Verplank.

After the reading of the minutes of the Regular meeting of **August 26, 2016** and there being no additions or corrections, Teri Cox moved, seconded by Jacob McHughes, that the minutes be **approved**.

The vote was: Harold Haralson, yes; Tammy Belinson, yes; Jacob McHughes, yes; Teri Cox, yes; Brian Wint, yes; Brenda Hill, yes; George Mauldin, yes; Christina Newberg, yes.
Motion carried.

A. Items of Business:

1. Teri Cox moved, seconded by Jacob McHughes, to **approve** the Cleveland County Wellness Notice of Schedule of Regular Meetings for 2017.

The vote was: Harold Haralson, yes; Tammy Belinson, yes; Jacob McHughes, yes; Teri Cox, yes; Brian Wint, yes; Brenda Hill, yes; George Mauldin, yes; Christina Newburg, yes.

Motion carried.

2. Brian Wint said that many are using the **County Wellness Gym Facility** at different times of the day and more would come before office hours if they could shower and dress for work. After the completion of Phase II employees will have that option.
3. George Mauldin updated on **Biometrics** by saying that the body fat caliper has arrived and will do some training on how to use it.
4. George Mauldin reported that **CPR Certification** classes are scheduled for October 2016.
5. Meredith Rowland, NP, updated on the **Employee Health Clinic** by saying things are going great and that they enjoyed participating in the Health Fair.
6. **Chairman Haralson updated that the** Health Insurance issue is a topic for the Budget Board to decide at this time.
7. A brief discussion on the **Wellness Fair** garnered a number of options for next year such as having a Sleep Study booth.

B. No **new business** at this time.

C. No discussion was had by the **Wellness Committee Members** regarding business at this time.

D. There being no further business to come before the Board, Brian Wint moved that the meeting be **adjourned** at 9:23 am. Jacob McHughes seconded the motion.

The vote was: Harold Haralson, yes; Tammy Belinson, yes; Jacob McHughes, yes; Teri Cox, yes; Brian Wint, yes; Brenda Hill, yes; George Mauldin, yes; Christina Newburg, yes.

Motion carried.

(Clerk's Note: Agenda posted on September 27, 2016 @ 4:02 pm.)

Cleveland County Wellness Committee
CLEVELAND COUNTY, OKLAHOMA

Absent - Tammy Belinson
Harold Haralson, Chairman

ATTEST:

Tammy Belinson
Tammy Belinson, County Clerk and Secretary to the Board

Minutes Prepared by: Linda Atkins
Deputy County Clerk

